

# Water Immersion in Labour Purchase List



**MANDATORY  
 PURCHASE**  
 for Tub Use:  
 Single Use Plug



**MANDATORY  
 PURCHASE**  
 for Tub Use:  
 Debris Net



**\$10.00**



**\*OPTIONAL**  
 Inflatable Pillow:  
 \$20<sup>00</sup>



**OPTIONAL**  
 1 Pool Noodle:  
 \$3<sup>00</sup>



**\*OPTIONAL**  
 2 Pool Noodles:  
 \$5<sup>00</sup>

Water Immersion is available to all laboring patients (who meet eligibility criteria) on a first-come, first-served basis. Tubs unfortunately cannot be reserved ahead of time. Patients who would like to birth in the tub must be cared for by a physician/midwife that is trained in providing waterbirth services. Please speak to your care provider to see if you are a candidate.

We ask patients to not wear jewelry or clothing with metal clasps or buttons in the tub, to avoid any potential scratching of the tub surface. For more information on water immersion and water birth at KHSC visit:  
<http://www.kgh.on.ca/obstetrical-care/having-your-baby-kgh/types-birthing-kgh>